



APPENDIX I

PRAYERS FOR FORGIVENESS

When Night Prayer is prayed alone, a brief pause for reflection might be followed by one of the following short penitential prayers:

1.

My God,
I am sorry for my sins with all my heart.
In choosing to do wrong
and failing to do good,
I have sinned against you
whom I should love above all things.
I firmly intend, with your help,
to do penance,
to sin no more,
and to avoid whatever leads me to sin.
Our Savior Jesus Christ
suffered and died for us.
In his name, my God, have mercy.

2.

Remember that your compassion, O LORD,
and your love are from of old.
In your kindness remember me,
because of your goodness, O LORD.

Psalms 25:6-7