

HOW TO USE THIS BIBLE IN A YEAR STUDY GUIDE

This study guide offers various ways to help you dive deeper into God's Word and apply Scripture to your life in an actionable way. This book will guide you through *The Bible in a Year*® podcast week by week, offering a variety of features, including **prayers**, **reflection with Scripture**, **weekly challenges**, a **saint of the week**, and **Catechism connections**.

- **Opening and Closing Prayers:** Each week begins and ends with a prayer. These prayers may sound familiar, as they reflect the prayers offered by Fr. Mike Schmitz in *The Bible in a Year* podcast. Whether you are using this book on your own or as part of a group, these prayers serve as holy bookends for your time of reflection on Scripture.
- **Reflection with Scripture:** You will find a variety of reflection prompts for each week of podcast content. These reflection questions have been thoughtfully created and curated for you so that you don't need to come up with them on your own, whether you are leading a group or looking for deeper personal reflection. Some of these prompts are ideal for discussion in a group setting, others are questions to reflect on individually, and some prompts may spark curiosity and further research. The reflection questions take into account the Scripture content being discussed in the podcast episodes each week and highlight some of the key points to consider.
- **Weekly Challenge:** There are always little things we can do to bring God's Word into our lives more concretely. This section is intended to inspire ideas for taking a key point or insight from the weekly podcast content and transforming listening into action in a meaningful way.

- **Group Activity:** If you are using this guide in a group setting, this section invites you to share more deeply with your group members and experience your faith in the context of a community that revolves around Scripture.
- **Saint of the Week:** Each week includes the name and feast day of a saint. This section offers a holy example of someone who has lived a life of faith and reminds us to pray for the intercession of the saints who have walked this journey before us.
- **Note of Hope:** While often challenging, God's Word is ultimately a message of hope. This section is intended to help you reflect on what God promises when you place him at the center of your life. It is a reminder of what it truly means to live a life through the lens of faith.
- **Prayer Intentions:** Drawing from the podcast content from the week, this section offers suggestions to help you remember others in your prayers. Whether you are using this guide on your own or as part of a group, this section is a great way to offer your prayers for those in need.
- **Catechism Connection:** The Bible and the *Catechism of the Catholic Church* are closely tied together within our Catholic Faith. In this section, paragraphs from the *Catechism* are highlighted to help connect the messages of Scripture to the tenets of our Faith.
- **Scripture Verse to Remember:** One Bible verse has been selected for each week as a key reminder and a message that you can carry with you throughout the week.

By using this ***Bible in a Year Study Guide***, you are embarking on a transformative journey through Scripture, deepening your faith, and growing in your relationship with God. This guide equips you not only to understand Scripture but also to apply its message in your daily life. As you move through the weeks, we hope that you discover wisdom, encouragement, and a renewed sense of purpose in God's Word. May this journey strengthen your faith and inspire you to share the love of Christ with all those you encounter.