

PREPARE FOR JESUS

with

Waiting WELL

ADVENT with FR. MIKE SCHMITZ

Advent can often feel like a countdown to Christmas, a time of frantically getting ready for the holidays. In fact, this liturgical season is all about waiting—not for a short-lived celebration, but for a person.

Waiting doesn't need to be passive. It can be active preparation, a beautiful opportunity to open the door of your heart to welcome Jesus into every part of your life.

This Advent, join Fr. Mike Schmitz as he shows you how to invite Christ in and share in his lasting peace.

Waiting Well is a prayer journal designed to help you slow down for 10 to 15 minutes a day during the Advent season. Through Fr. Mike's daily reflections, you'll learn how to joyfully anticipate Christmas, so that when Christ comes, you're ready to meet him in the manger.

In addition to the *Waiting Well* journal, there is also a *Waiting Well* Advent program in the Ascension app. When you subscribe, you'll get exclusive daily videos in which Fr. Mike brings each journal reflection to life, deepening your experience.

FOR MORE INFORMATION

Visit AscensionPress.com/WaitingWell.com for more details.