

Sample Interview Questions for Individual Check-Ins

These questions are designed to help the leader and team assess each participant's spiritual growth, doctrinal understanding, and readiness for full initiation into the Catholic Church. Use them as needed. Not all questions need to be asked; choose the most helpful based on each person's journey and formation.

1. Personal Journey and Readiness

- Tell me a little about your journey. What has brought you to this point?
- What changes have occurred in your life or faith during this OCIA process?
- What have been the most meaningful parts of this journey so far?
- Is there anything about becoming Catholic that excites you or makes you nervous?
- Are there particular moments or teachings that made you feel especially drawn to Jesus or the Church?

2. Moral and Discipleship Challenges

- Are there any teachings of the Church, moral or doctrinal, that you find difficult to understand or live out?
- Do you foresee any challenges in living as a Catholic in your family, friendships, or workplace?
- How do you view the Church's teachings on marriage, sexuality, and family life?
- What are your thoughts on the Church's call to uphold the dignity of every human life, from conception to natural death?
- Has anything in your past been a barrier to following Christ? How can the Church support you in healing or change?

3. Prayer, Sacraments, and Spiritual Life

- How has your personal prayer life changed since beginning OCIA?
- Are there particular devotions or spiritual practices that have helped you grow closer to Christ?
- Do you feel prepared to begin receiving the sacraments regularly, especially Confession and the Eucharist?
- What has your experience been like at Mass? Is there anything confusing or unfamiliar?
- Do you have a plan or rhythm to continue deepening your relationship with God through prayer, Scripture, and the sacraments after your initiation?

4. Doctrinal Foundations (Sample Quiz-Style Questions)

- Who is Jesus Christ? What did he do for us?
- What do we mean when we say God is Trinitarian? What might this reveal about us as human beings, created by God?

- What are the three Sacraments of Initiation? *Bonus: What do they do?*
- What is grace? How do we receive it?
- What are the Ten Commandments, and why do they matter for your life?
- What is sin? *Bonus: What is the difference between mortal and venial sin?*
- What is the Eucharist? (Is it difficult to believe it is truly Jesus? If so, how can we help?)
 - *This question is vital. The Church requires that a communicant understand and believe that Jesus is truly present in the Eucharist. Allow the participant to respond honestly. If he or she does not believe it is Jesus, further accompaniment and formation are required before the participant can receive this sacrament.*
- What happens in the Sacrament of Reconciliation (or Confession)? Why do we need it?
- What do we believe about life after death (heaven, hell, purgatory)?
- What is the Church, and why do we say it's "one, holy, catholic, and apostolic"? *Bonus: Who belongs to the Church? (or, What is the Church Militant, Church Suffering, and Church Triumphant?)*
- What was Mary's role in God's plan?

5. Commitment and Next Steps

- Do you feel ready to be received into the Catholic Church? Why or why not?
- Who is your Confirmation saint, and why did you choose him or her?
- Have you been to Confession yet (or are you scheduled to go soon)?
- Do you plan to attend the Mystagogy sessions after initiation? What do you hope to gain from them?
- How can we as a team continue to support you as you walk forward in faith?

Questions? Please contact us. We'd love to hear from you!

support@ascensionpress.com

1-800-376-0520

