

THE ASCENSION

Lenten Companion

A Personal Encounter with the Power of the Gospel



Sample Bulletin Announcement

Lent is an important season in the Church's liturgical year — it is the time when we take stock of where we are in our faith so as to prepare for the death and resurrection of our Savior. Often, we lose sight of the point of this season because we get caught up in ourselves: how hard it is to fast, how we fail at fasting, and just waiting for the season to be over at Easter. Because of this we often arrive at Easter with our lives no more changed than they were on Ash Wednesday.

A way that our parish is seeking to prepare for Jesus and experience true transformation in our lives in this powerful season is by engaging with a new program from Ascension. This program is *The Ascension Lenten Companion*. This resource follows the Gospels for each Sunday of this Lent so we can better prepare for Mass and grow closer to Jesus each day. It has daily meditations, space for journaling, original sacred artwork and weekly videos that keep us on track. Because we want this Lent to be a journey we take together as a parish, we will be holding an Lenten Mission Night on [DATE] at [TIME] in [LOCATION]. Each participant will receive *The Ascension Lenten Companion* to accompany him or her throughout the entire Lent season

This is an opportunity for our whole community to enter into the season of Lent intentionally and receive the grace God is waiting to give us in this holy season. Join us for our Mission Night and take full advantage of this transformative experience.

Visit ascensionpress.com for more details.

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Sample Pulpit Announcement

[Greeting]

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