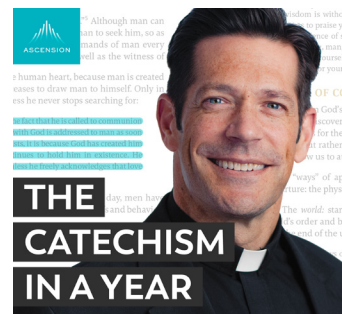


# 8 Tips for *The Catechism in a Year* Podcast From Current and Past Listeners



*The Catechism in a Year (with Fr. Mike Schmitz)*<sup>™</sup> has helped hundreds of thousands of listeners worldwide explore the truth and beauty of the Catholic Faith. If you're just getting started with this life-changing podcast, see 8 tips from current and past listeners for establishing a routine and staying motivated below!

1

## CHOOSE A PLATFORM TO LISTEN ON.

The Ascension App is preferred by listeners for its features like highlighting and note-taking, while YouTube is helpful for following along with the on-screen text. Podcast platforms like Spotify and Apple Podcasts are convenient for listening on the go.

2

## TRY YOUR BEST TO LISTEN DAILY.

Establishing a daily routine helps maintain consistency. Integrating the podcast into existing daily activities like commutes or morning prayer time can make for a smooth transition.

3

## FOLLOW ALONG WITH THE TEXT OF THE CATECHISM.

Whether with a physical *Catechism* or the YouTube video on-screen text, reading along helps with absorbing the content. The *Catechism of the Catholic Church, Ascension Edition* is recommended as the official *Catechism* for the podcast and the one Fr. Mike Schmitz reads from in every episode.

4

## INCORPORATE PRAYER AND DEEPER REFLECTION.

Through this podcast, many listeners find their eyes opened to things they never knew about their Catholic Faith. Praying with and reflecting on new learnings allows for true transformation.

5

**STICK WITH IT, EVEN WHEN IT'S HARD.**

Times will arise when listening every day is tough, but perseverance leads to better understanding. Keep at it even if it feels inconvenient; it will become a cherished habit.

6

**DON'T STRESS ABOUT PERFECTION.**

Even with a consistent schedule and dedication, sometimes you'll miss a day or not be able to follow your routine perfectly. It's more important to listen and absorb the content than to have perfect notes or stress about remembering everything you learn. Don't give up! You can always repeat the podcast in the future for deeper understanding.

7

**SHARE THE JOURNEY WITH FRIENDS OR A COMMUNITY, IF YOU CAN.**

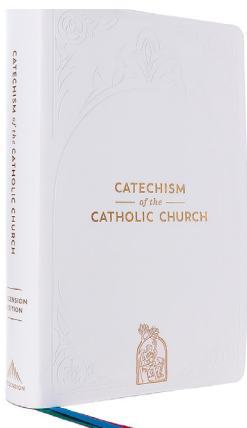
Sharing the journey with others can provide motivation and accountability, as well as someone to discuss challenging episodes with. For an online community, see [\*The Catechism in a Year \(with Fr. Mike Schmitz\)\*<sup>TM</sup> Facebook group.](#)

8

**EXPECT TO LEARN AND BE TRANSFORMED BY THE PROCESS.**

Hundreds of thousands of listeners have experienced significant growth in faith and scriptural understanding as a result of this podcast. It can change your life, if you let it.

## The Official *Catechism* for *The Catechism in a Year* Podcast: *The Catechism of the Catholic Church, Ascension Edition*



The first-ever edition of the *Catechism* with added supplemental content makes this foundational document easier to understand. Read by Fr. Mike Schmitz in every episode of *The Catechism in a Year* podcast, it helps Catholics see where Church teachings come from and understand how every paragraph fits into the big picture of their Faith. With exclusive color-coding, callout boxes that summarize every section, an appendix that introduces hundreds of *Catechism* sources, and more, this is the best *Catechism* for following along with *The Catechism in a Year* podcast. Get a copy at [ascensionpress.com/catechism](http://ascensionpress.com/catechism).